



Hayat Gul

MATP, Artist, Intuitive, lightworker, psychospiritual guide

I am an artist and the founder of Healspace. I discovered the voice of my intuition through art, in the silence where words failed and healing began. As someone who has moved through the dark waters of complex PTSD, I understand what it means to feel disconnected, invisible, and without hope.

I create a bridge between soul loss and reawakened purpose for people who carry persistent depression, trauma, and emotional numbness; I help them reconnect with their soul's wisdom and step into lives of meaning, clarity, and power.

Art is both my mirror and my medicine. I work at the intersection of energy, emotion, and creative expression — guiding others to reconnect with the light of their own essence



Access Your Power Package \$3997

6-Month Healing Experience — \$3,997

Step into a curated journey of energy, insight, and creative empowerment. Over six months, you'll receive:

Six personalized Reiki sessions with 30-50 minutes of talk time — valued at \$250 each → \$1500

Two somatic art therapy sessions, uniquely designed to reflect your personal energy and transformation — valued at \$700—culminating in an 18–20-inch art piece you take home that you construct with my guidance.

One Past Life Regression Hypnosis group session 2 hours — valued at \$390. Images/ideas will be integrated into your artwork.

9 psychospiritual integration calls (50 min. each) — valued at \$75 each → \$675

Post-session integration PDFs, included for free to support your healing

Email or zoom support (transferable to replace any of the above)-\$120/week-\$2880

18-20' canvas- \$30-\$40

Total Value: ~\$6145→ Package Price: \$3,997

24 services + PDFs manual + ongoing support + 1 artwork

This isn't just a package—it's a creative, transformative experience designed to help you align, heal, and express your highest self with energy medicine while you are guided carefully to produce your own beautiful artwork that expresses your personal healing journey. All your shadow parts will be coalesced to become one true self.

Everything is Energy

Energy has become the new paradigm the creative life force of divine source energy flows through each one of us tapping into **creative** life force is a birthright and can align you with higher intelligence this is a creative opportunity to become a portal for transformation.

This sacred art form that beautifully blends somatic awareness between mind body and soul This is researched in science now there is no separation of these parts of you to feel blissful means to unite these parts and I will show you how.

Art becomes a visible frequency that you can beautify your spaces with. Your unique piece will be a mirror of your energetic emotional code and bring you bliss as long as you have it.

A courageous journey into your unconscious to produce a gorgeous piece of art that reflects your own healing, your divine emotional code that is slowly deciphered from skillful stillness, compassionate body, mind, soul integration, and a sensory field of set intentions.



The Ultimate Transformation \$5997

Tap into intuitive flow and creative expression through guided energy alignment

The Ultimate Transformational Journey — \$5,997 - 8-month private immersion into energetic alignment, dream exploration, and creative awakening.

This journey weaves together **Reiki, dreamwork, somatic art therapy**, an **artwork**, and past life **regression hypnosis** — a multidimensional path to deep healing, self-discovery, and soul embodiment + a unique guided expression of your healing journey

It's for you if you are ready to transcend old narratives, embody their highest energy, and live in alignment with their true purpose.

7 Personalized Reiki Sessions + 30-50 Minute Integration Talks

Each session fuses Reiki with psychospiritual coaching to clear energetic imprints, regulate your nervous system, and restore intuitive balance.

After each session, a 30-minute talk helps integrate messages and align your daily life with the healing received.

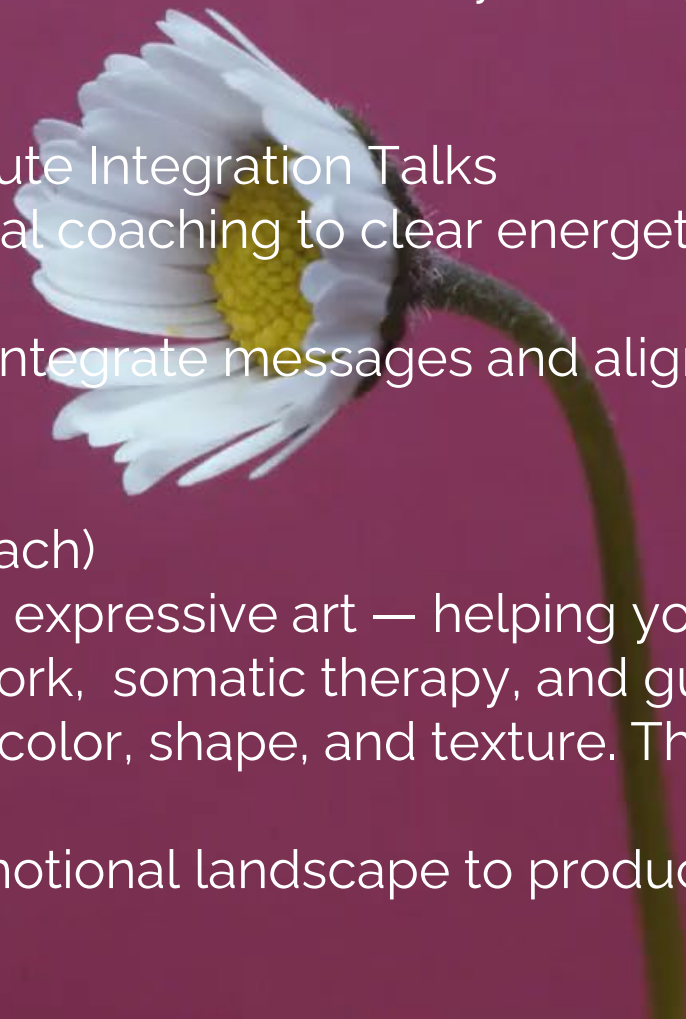
Value: \$250/session → \$1,750

4 Somatic Art Therapy Sessions (90 min each)

A grounding fusion of body awareness and expressive art — helping you translate sensations and emotions into visual form. Through mindfulness, breathwork, somatic therapy, and guided creation, you'll access embodied insight and release stored tension through color, shape, and texture. These will be transformed onto your canvas—culminating in your guided artwork.

Each session is uniquely crafted to your emotional landscape to produce your unique art piece.

Value: \$350/session → \$1400



One Custom Henna or Artwork Experience- built from the somatic art, energy medicine, dreamwork, & hypnosis sessions.

A sacred artistic representation of your energetic evolution — either a personalized henna design or symbolic artwork reflecting your growth, essence, and spiritual alignment.

Canvas valued at \$60+—artwork size- 30'

Two Past Life Regression Hypnosis Group or private Sessions

Journey into deep subconscious layers to uncover karmic stories, ancestral echoes, and lessons from other timelines. These guided sessions support profound energetic release and soul remembrance. Images/ideas will be amalgamated into your artwork.

Value: \$390/session → \$780

Three Dreamwork Sessions + Dream Recall Guidance with artwork integration -90 min each

You'll learn to interpret your dreams as sacred mirrors of your psyche and spirit- symbols will be integrated in your personal artwork.

Sessions include intuitive dream analysis, techniques for lucid awareness, and personalized guidance for enhancing recall and integration.

Value: \$350/session $\rightarrow$ \$1,050

Eighteen 45 min Psychospiritual Fusion Calls –transferable to other sessions

Ongoing support for integration, reflection, and energetic recalibration.

These touchpoints help sustain the healing momentum and provide compassionate accountability throughout your journey.

Value: \$75 each $\rightarrow$ \$1350

Personalized Healing Journal & Guided Ritual Audios (Included Free)

Your bespoke digital companion for reflection and ritual.

Includes:

Custom prompts for Reiki, dreamwork, and somatic phases

Sketchbook for intuitive art sketches, affirmations, and energy tracking

Exclusive guided audios: grounding meditations, moon rituals, and dream recall activations

Value: \$300 (included free)

VIP Access & Priority Scheduling

Private scheduling flexibility, priority session times, and personal messaging support for gentle check-ins between sessions.

Value: \$327

Receive an intuitively channeled henna design as a reflection of your energetic essence-Value \$45

Total Value: **\$7062** → Package Price: **\$5997**

(for 40 services + 1 artwork + 1 henna design + personalized audios, art materials, sketchbook, PDFs, weekly support as needed.)

What You'll Experience

Full-body energetic and emotional recalibration

Increased self-trust, intuition, and creative expression

Emotional liberation through somatic and artistic processes

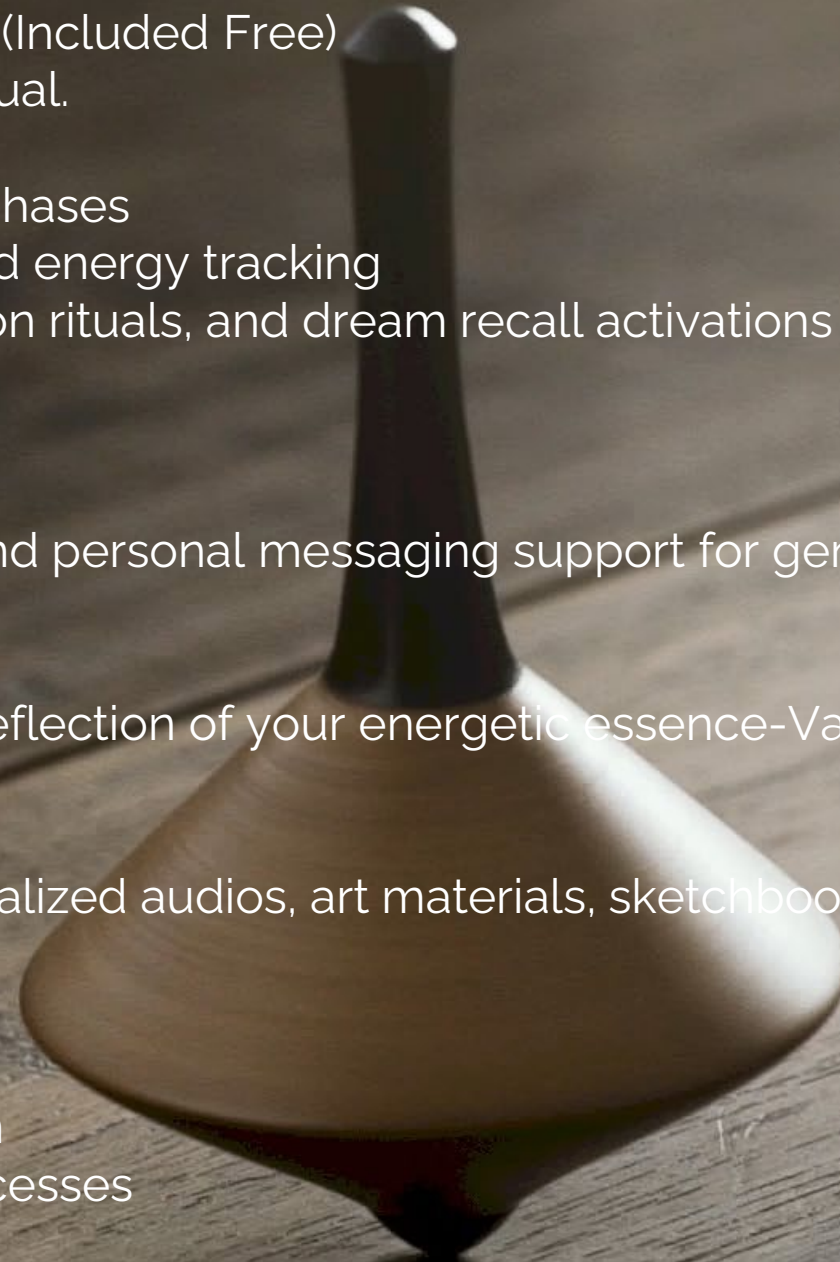
Healing of past-life or ancestral patterns

Integration of meaning & wisdom from dreams, energy, and embodiment into your highest intention

A sustained sense of inner peace, clarity, and purpose

30' artwork custom made by you with full guidance for 8 months

<http://www.healspace.me>



Hayat Gul Bio

I obtained my Masters in Transpersonal Psychology (MATP) with Creativity, Innovation & Spiritual Psychology from Sofia University. Certification in Dream Studies. After searching everywhere for a program that could comprehend the scope of my own experiences with intergenerational, systematic, and interpersonal trauma. I have completed trauma training from trauma experts including Bessel van der Kolk, Ruth Lanius, Pat Ogden, Thema Bryant, Peter Levine, Janina Fisher, Bethany Brand, Dr. Eric Gentry, and Gabor Mate, I healed through creating artwork for 20 years, while exploring different types of healing modalities, traveling and learning about other cultures, traditions, and the metaphysical dimensions. My synchronistic experience with reiki (energy medicine) shifted my life dramatically and for once I could see how valuable it is to have the gift of intuition and sensitivity, especially in our current times. I trained with Sema Tehan and Arjava Petter in reiki then later learned past life regression with Dr. Brian Weiss. I started to recognize my connection with consciousness as my guiding light and protection.

My work is rooted in helping individuals restore balance after experiencing traumatic events and reconnect to their purpose. I have helped hundreds of survivors or other individuals through my science-based and CAM treatments which were considered mystical approaches a few years ago. I have led 100's of workshops and classes to support people who feel like they're barely holding it together — the ones who smile on the outside but feel hollow inside. People from all walks of life and cultures, carrying quiet trauma, emotional numbness, or a sense that something vital inside them has shut down. Maybe they've tried to move on, push through, or stay busy — but the ache, the anxiety, the soul-void is still there.

I guide them into the places they've avoided — the grief, the rage, the lost parts — and help them come back to themselves. Not with quick fixes or emotional bypassing, but with deep, authentic, grounded healing. Together, we peel back the layers, break the trance of survival, and reconnect with clarity, purpose, and the fierce wisdom of their soul.

Healing begins where science meets spirit — where the body remembers its original rhythm of peace.

May you be blessed and experience
miracles

